



Dear True Sunshine Families,

We had a wonderful turn-out for our Baby Project Culminating Event with 19 parents or grandparents present! Thank you for your support. The children love to see their families participate in the program. We also had a lively Parent Advisory Meeting and the parents brainstormed many activities they'd like to see happen at True Sunshine before the end of the year. We have a few months left before many of our friends move on to Kindergarten and hope to incorporate these suggestions into the upcoming month's activities. Also, please keep an eye out for the Annual Parent Survey coming soon and be sure to return it. This information is important for helping us to improve our program each year.

Please join us this month as Public Health Nurse Katie Liu presents a workshop on "Healthy Bodies, Healthy Minds" on April 12th at 5:30.

Finally, I'm excited to let you know that April 24th -April 28th is the Week of the Young Child. This is a time to celebrate our young learners and the meaningful adults in their lives. On April 24th we'll be having Tree Frog Treks visit the children with reptiles in celebration of this special week. They'll be in the Dragonflies from 10:30-11 and the Butterflies from 11:00-11:30. Feel free to join us!

Sincerely,

Marianne Lam

Special Requests and Announcements

- We will be starting a new project on the topic of bags. These can range from purses and backpacks to luggage and reusable bags. We would welcome any parents to be a visiting expert to the classroom. If you have any bags you do not want at home, please feel free to donate them to the school as examples of different types of bags.
- Gentle Reminders: Please bring your children to the bathroom to wash their hands each morning and remember that the classroom bathrooms are for children only. If adults need to use the restroom please pick up a key at the front desk.
- Please let staff be the ones to open the front door even if you recognize the person waiting. There are many complicated family situations and the staff are responsible for making sure only the authorized people are entering the school.

Important Dates

- 4/5 Library Visit
- 4/12 "Healthy Bodies, Healthy Minds" Workshop
- 4/14 School Closed Staff In-service Day
- 4/15 Jasmine's Birthday
- 4/18 Fundraising Meeting 5:30-6:30
- 4/19 Aaliyah's Birthday
- 4/19 Sonya's Birthday
- 4/24 Animal visit from Tree Frog Treks
- 4/25 Zofia's Birthday

Upcoming Dates

5/20 True Sunshine Fundraiser (3-6)

5/25 Financial Planning Workshop

Special Acknowledgements

- Thank you to the parents and grandparents who chaperoned our field trip to Spring Valley School.
- Thank you to Serena's Mom for donating two purses to the school and to Sarita's mom for donating a backpack to the school.
- Thank you to Jayden's mom for bringing in fruits for the teachers.
- Thank you to Aiden's father for delivering a delicious homemade durian cake and bread for the teachers on International Women's Day.
- Thank you to Elsa's mom for donating some Chinese books for the children to enjoy.



The Dragonflies

Teacher Julie, Teacher Anna, Teacher Bao Wen

Creating a "My Plate"

In March the children had the opportunity to create their own plates to learn about healthy portion sizes. First, Teacher Anna demonstrated how to create the plate by folding the paper into fourths. Then, she showed the children how to use a pencil, markers, or colored pencils to make the lines darker. The Dragonflies then looked at coupons with pictures of food and cut out the ones they like to eat. They then used these pictures to create their own plates of food.

Through this activity the children learned how to look at the pictures of food and choose what they enjoy eating. Then the children followed along as Teacher Anna showed them how to create their plates. They then used their fine motor skills to use a pair of scissors to cut out the foods that they like and to glue it onto various parts of their plates. Many of the children were able to hold the scissors correctly on their own and to glue the pictures onto their plates. They all showed a lot of interest in figuring out what foods they like most. By doing this activity the children learned to pay more attention to what types of foods make them healthier.



The Butterflies:

Teacher Wendy, Teacher Mei Yi, Teacher Ming, Teacher Irene

Making Pizza

One March activity was learning to make pizza from scratch. The children started by watching Teacher Ming demonstrate how to make pizza. The ingredients she used included flour, salt, sugar, and oil for the crust and mushrooms, tomato sauce, cheese, broccoli, and pepperoni for the toppings. The children started by creating the crust of the pizza. Each child had a chance to use the rolling pin to flatten the ball of flour into a circular crust. The next step was to apply the tomato sauce. Each child used a plastic knife to spread the sauce around the pizza crust. The children then had a chance to cut their favorite ingredients into little pieces using a plastic knife and to place it onto the pizza. Once all the ingredients had been set, the pizza was placed in the oven by our teachers. The children then had a chance to sample their group creation and many enjoyed the pizza.

This activity taught the children the procedure of making pizza. They also learned the different names of the ingredients that can go onto pizza, while also learning the difference between salt and sugar. The children developed their fine motor skills when cutting the

ingredients. When placing the ingredients onto the crust the children further developed their creativity by designing the pizza. While sampling the creation, the children tantalized their taste buds and learned how the different flavors of the ingredients mixed together.

Fundraising

Schoola

- To purchase children's and women's clothing do a search for clothing that benefits True Sunshine using the following link: www.scuola.com/coachdelise . True Sunshine will receive 40% of the purchase price. For a limited time you may use code ourschools for 50% off your used clothing purchase.

Amazon

- When making Amazon purchases use the link <http://smile.amazon.com/ch/94-2242733>. True Sunshine will receive 0.5% of all of your purchase.

Food4Less

- Do you shop at Food4Less? If so, please visit www.food4less.com. There you may register to donate a portion of your purchases under the community rewards tab.